# 360 - YOUR FEELINGS MATTER

**General 4-H Project** 

2024

- For project COMPLETION and GRADE, Member MUST participate in either:
  - County 4-H Project Judging Day Ross County Fairgrounds
     Member is eligible for County Awards (Judges' Choice, Outstanding, Honorable Mention) and State
     Fair Selection (if applicable)
  - Early 4-H Project Judging Ross County Service Center
     Members unable to attend County Project Judging Day should plan to attend Early Judging. Member is eligible for County Rosettes (Outstanding, Honorable Mention).
    - \* Exception for State Fair selection at Early Judging If there is only one member judged in a project, then the judge has the option to select a state fair representative.
- Complete "Thank You" note activity (see copy of instruction sheet included in your project book)
- \* To receive Fair Premiums, your project must be displayed at the Ross County Fair in a Jr. Fair Building booth.
- For Project Judging Dates & Times & Details:

ASK your Club Advisor
READ the *May Family HOTLINE* sent to every 4-H family LOOK on the 4-H App or website <a href="http://ross.osu.edu">http://ross.osu.edu</a>

Skill Level: Beginner

### Completion:

- 1. All 7 Activities
- 2. All "Talking It Over" Questions
- 3. At least 2 Learning Experiences
- 4. All least 2 Leadership/Citizenship activities
- 5. Project Review Summary pg.6
- 6. Prepare an educational exhibit based on project (item made from project book, photo exhibit, notebook, scrapbook or poster (minimum 14" x 22" and maximum 22" x 28").
  - a. Example: Activity 1 make a poster or small scrapbook with selfies showing different emotions. Be sure to label each one
  - b. Example: Activity 6 make a Meditation Bottle or other Mindfulness tool.

## Judging:

- 1. Interview based on skills learned, activities completed and educational exhibit
- 2. Bring to interview on 4-H Project Judging Da:
  - a. Completed project book
  - b. Educational exhibit

#### **County Fair Exhibit:**

An educational display relating to project work displayed in a fair booth.

### **State Fair Competition:**

- 1. State Fair participants will be selected during county-level competition on 4-H Project Judging Day.
- 2. Event: Health Day.

Completed project book, \*display, and interview

\*Display must fit into a 3 foot area or 3 feet of table space.

