670 – CANNING & FREEZING
FOODS AND NUTRITION

- Member MUST participate in County Project/Interview Judging or 4-H Project will be INCOMPLETE.
- Member must attend FCS (Family & Consumer Sciences) Project Judging Day to be eligible for County Placement and State Fair Selection (if applicable).
- If the member cannot attend Project Judging, your project can be judged at Early Judging. However, Early Judging participants will not qualify for County Placement or State Fair.
- Project must be displayed at the Ross County Fair to receive fair premiums.

**For Project Judging Dates & Times & Details:**
ASK your Club Advisor
READ the May Family HOTLINE sent to every 4-H family
LOOK on the 4-H website [http://ross.osu.edu](http://ross.osu.edu)

**SKILL LEVEL:** Intermediate

**COMPLETION:**
1. All 7 activities
2. At least 2 learning experiences
3. At least 2 leadership/citizenship activities
4. Project summary

**JUDGING:**
1. Interview based on skills learned and activities completed
2. Bring to interview on FCS Project Judging Day:
   a. Completed project book
   b. Two (2) foods you preserved by canning or freezing methods

**COUNTY FAIR EXHIBIT:**
Exhibit supplies used in canning and/or freezing OR exhibit food product you preserved canning or freezing.

**STATE FAIR COMPETITION:**
1. State Fair participants will be selected during county-level competition on FCS Project Judging Day.
2. Event: Natural Resources Day II
   Completed project book, *display, and interview
   *Display should be limited in size to what the participant can maneuver on his/her own.